
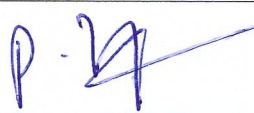

 ICMR-National Institute Of Nutrition		SOP Number: ICMR-NIN / COVID19 / 03
Title	Sop For Health Care Workers On Return To Home After Surveillance Activities In The Containment Zones/Survey Areas	
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1. **Scope:** To be used by health care workers returning home after surveillance activities in the containment zones/Survey areas
2. **Purpose:** This document describes information about what precautions need to be taken on reaching home after surveillance activities in the containment zones/Survey areas
3. **Responsibilities:**
 - Appropriate measures to be taken after surveillance on reaching home
4. **Return to home after surveillance activities**
 - Once back from the survey, leave footwear outside of the home
 - Backpacks with hospital usage materials to be stored at dedicated room
 - No hugs to kids or other family members is advised
 - Do not touch door handles or any other item immediately in the house.
 - Proceed for hot shower and soap bath immediately
 - Clothes and other reusable masks/other items to be dumped/soaked immediately in disinfectant hot water for 1 hour at least and then washed.
 - Disinfect your mobile, wrist watch, ornaments, etc.
5. Hydroxychloroquine (HCQ) tablet may be used as prophylactic agent in asymptomatic front line workers as per latest ICMR guidelines.
6. In case, any field surveillance worker becomes symptomatic (fever, cough, breathing difficulty) within 14 days after survey, they should inform Director, get tested and follow standard protocol as per National/ICMR guidelines.
7. Self monitoring by health care workers for a period of 14 days after last potential exposure to be done. No exclusion from duty needed.

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