



icmr
INDIAN COUNCIL OF
MEDICAL RESEARCH
NIN
NATIONAL INSTITUTE
OF NUTRITION

रा.पो.सं. मासिक सूचना-पत्र

NIN Monthly Newsletter

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NIN to Plan Diet for Space Travellers

ICMR-NIN has entered an prestigious Memorandum of Understanding (MoU) with Human Space Flight Centre (HSFC), Indian Space Research Organization (ISRO), Department of Space, Bangalore on Crew Nutrition Requirements for Indian Human Spaceflight Programme. Dr. Hemalatha, Director, NIN and Dr. M. Mohan, Director, HFSC exchanged the signed MoU copies in a ceremony held at HSFC, Bangalore (15th Sept). NIN scientists Dr. K.Venkatesh, Scientist E (ET Division) & Dr. E. R. Nandeeep, Scientist B(Clinical Epidemiology) accompanied the Director.



Congratulations



Dr. Hemalatha R, Director
on being conferred
'LIFETIME ACHIEVEMENT AWARD'
from Federation of Asian Nutrition Societies
(FANS) in recognition of her exemplary
contributions to nutrition
sciences.



Dr. SubbaRao M Gavaravarapu
Scientist F & Head, NICHE Division on
receiving **'OUTSTANDING NUTRITION
SCIENTIST'** Award from FANS in
recognition of his academic accomplishments
to the field of nutrition & health
communication in Asia.



Dr. SN. Sinha
Scientist G & Head
Food Safety Division on being
elected as the
**FELLOW of National
Academy of Medical Sciences
(NAMS).**

Smt. Malati Tulpule Best Research Scholar Award

Ms. MADHURI BANDARU received “Smt. Malati Tulpule Award” for Best Research Scholar from Dr. Hemalatha, Director during the celebration of NIN Foundation day. Her research guide Dr. C. Suresh, Scientist F & HoD Cell Biology Division joined with the awardee to receive the award.



Admission Counselling for MSc Courses at NIN

Extension & Training Division conducted the open / spot counselling for Admission into the new batch (2023-25) of MSc (Applied Nutrition) & (Sports Nutrition) on 20th September. A total of 42 seats are available in both the courses for which around 150 candidates from different states of India attended the counselling. All the 42 seats were allotted as per the merit/rank secured by the candidates in the all India Entrance Test. Dr. M. Maheshwar, Scientist F & HoD, ET Division, Dr. C. Suresh, Scientist F & HoD, Cell Biology Division & Convenor, MSc Curriculum Committee (MYAS) and Dr. Swathi Chitra P, Teaching Associate supervised the counselling process. Prof. I. Panduranga Reddy, Director (Admissions) Osmania University visited the counselling centre.



ICMR-NIN FOUNDATION DAY CELEBRATIONS

ICMR-NIN celebrated its Foundation Day on 26th September. Dr Maheshwar, Scientist F & Head, Extension & Training Division welcomed the gathering. Dr. Hemalatha R, Director, addressed the staff and felicitated the staff who completed 25 years of service and retired staff who completed 75 years of age. She presented prizes to the winners of *kheloindia* sports events conducted in the Institute earlier (26th Sept).



25 years of dedicated service



Award received by **Mr. P. Narendra Kumar**, Senior Technician-2 & **Mr. Meda Narasimha**, Laboratory Assistant-1

Cultural programme



Felicitation to the retired staff who completed 75 years of age



Prize winners of *Khelo India* sports events



WEBINARS/WORKSHOPS/TRAINING PROGRAMS/MEETINGS ORGANIZED/PARTICIPATED



Let's Fix Our Food e-dialogue series has been first launched by the Director, NIN on 4th March 2022, the 8th e-dialogue series held on 29th September on the topic 'Double Duty Actions To Promote Healthy Food Environment for Adolescents'. Multiple Stakeholders were participated in the final series.

The Academic Council (AC) had a meeting with the Ph.D. scholars on 8th September. The AC members interacted with the scholars to learn about any issues/problems faced by them.



The Academic Council organized a lecture on 'Good Laboratory Practices' for the benefit of Ph.D. scholars on 12th September. The lecture was delivered by **Dr. P. Uday Kumar**, Scientist G & HoD, Pathology & Microbiology Division.



Team-UNICEF India led by Dr. Arjan De Wagt, Chief Nutrition Section, visited our institute and met Dr. Hemalatha, Director & Scientists to discuss the common grounds to collaborate in the future while strengthening the partnership on the ongoing projects. Dr. Resha N. Desai, Nutrition officer-UNICEF, Hyderabad Field Office, Dr. Preetu Mishra, Nutrition Specialist-UNICEF, Dr. Zelalem Tafesse, Chief-UNICEF Hyderabad Field Office are also seen (14th Sept).



Dr. HEMALATHA R Director

- Participated as Chief Guest at the XIX National Scientific Conclave at NSI, Nagpur and delivered a lecture on 'Nutrient Requirements for Indians- RDA and EAR' (2nd Sept).
- Attended as a National Advisory Board Member at the 2nd National Advisory Board meeting I4N, organized by UNICEF, New Delhi (5th Sept).
- Addressed and discussed post-field meeting with DABS staff (7th Sept).
- Attended second National Advisory Board Meeting of IMPAct4Poshan a multi-partner initiative to promote nutrition through non-financial engagement with corporates to make every Indian adopt healthy lifestyle (7th Sept).
- Meeting of Senior Management Team with ICMR officials and all Directors of ICMR Institutes, organized by office of DG, ICMR (8th Sept).
- Meeting with all the DABS field staff to discuss field related issues (11th Sept).
- Meeting with all the zonal and state coordinators of DABS-I study (12th Sept).
- Meeting with all the zonal and state coordinators of DABS-I survey (13th Sept).



- Meeting with the Biomarkers team of DABS-I study (19th Sept).
- Meeting of Senior Management Team with ICMR officials and all Directors of ICMR Institutes, organized by office of DG, ICMR (20th Sept).

Dr. G. BHANUPRAKASH REDDY

- Participated in the 24th meeting of Scientific Panel on Nutrition and Fortification held on (25th Sept).
- Delivered a lecture on 'Meeting the nutrient requirements through balanced diet', to the students and faculty of Andhra Mahila Sabha Arts & Science College, Osmania University as a part of *Poshan Maah* celebration (27th Sept).

Dr. SUBBARAO MGAVARAVARAPU

- Invited to deliver a talk on 'Making Nutrition Mission LIFE (lifestyle for environment) Sensitive' at the XIX National Scientific Conclave organised by Nagpur Chapter of Nutrition Society of India in association with Nagpur University on the theme on 'Nutrition is an investment' (2nd Sept).
- A meeting was organised by The Let's Fix Our Food (LFOF) Consortium with NITI Aayog under the chairmanship of Sh. Rajib Kumar Sen, Sr. Advisor (Health & Nutrition) in New Delhi to present the LFOF outcomes. Made a presentation as consortium's lead partner (6th Sept).
- Invited to inaugurate the Poshan Maah Celebrations and delivered the keynote address on 'Why food environment matters in prioritizing child and adolescent nutrition?', organized by Avinashilingam Deemed University, Coimbatore (8th Sept).
- Attended online meeting of the Nodal Communication Officers of ICMR Institutes about the Health Communication internship programme (14th Sept).
- Invited to chair a session on 'Effective Policy Response' during the launch of the report "The Junk Push" (Rise of Junk Food Consumption in India: Policy, Politics and Reality) and National Consultation for an Effective Policy Response organised by Nutrition Advocacy in Public Interest (NAPi) in India International Centre, New Delhi (22nd Sept).
- Invited to deliver a talk on 'Impact of marketing and advertising of HFSS foods on the Food Environment of adolescents' in WHO supported session on 'Inappropriate promotion of unhealthy foods and beverages to young children in India' as part of the Epidemiological Foundation of India Conference (EFICON) 2023 held at Goa Medical College, Goa (30th Sept).

Dr. M. MAHESHWAR

- Participated in residential training program on "Good Governance and Transparency through RTI" at Goa (11th - 15th Sept.) organized by National Productivity Council (NPC), Govt of India.

Dr. DEVRAJ J. PRASANNANAVAR

- Invited as a Panellist for the 'Millet Conclave 2023' organised by NABARD and Businessline at Hyderabad (15th Sept).
- Invited as a speaker for the technical session during National Conference on 'Emphasizing the Potential of Millets for Better Tomorrow' organised by School of Life Sciences, Ooty Campus, JSS Academy of Higher Education and Research Sponsored by DST-SERB (21st -22nd Sept).



SWACHHTA SPECIAL CAMPAIGN

The Director and the staff took the Swachhta Pledge administered by Dr. Rajiv Bahl, Secretary, Department of Health Research and DG, Indian Council of Medical Research, Ministry of Health and Family Welfare, Govt. of India (30th Sept).



हिंदी सप्ताह समारोह (14th-21st सितंबर)

14 सितम्बर: संस्थान में हिंदी सप्ताह का उद्घाटन कार्यक्रम आयोजित किया गया जिसमें समिति के अध्यक्ष डॉ. सुब्बाराव जी सहित संस्थान के कई कर्मचारी उपस्थित हुए। समारोह के आरम्भ में एक सांस्कृतिक कार्यक्रम का भी आयोजन किया गया। संस्थान के कुछ कर्मचारियों द्वारा नृत्य और गीत प्रस्तुत किए गए। दोपहर को हिंदी निबंध प्रतियोगिता आयोजित की गई। प्रतियोगिता में 20 कर्मचारियों ने भाग लिया।



हिंदी सप्ताह के अवसर पर संस्थान में 15 सितम्बर के दिन आयोजित हिंदी वाक् प्रतियोगिता और हिंदी कविता पठन प्रतियोगिता के दृश्य।



21st सितम्बर: संस्थान में आजादी का अमृत महोत्सव और हिंदी सप्ताह के उपलक्ष्य में स्कूली छात्रों के लिए हिंदी में वाक् प्रतियोगिता आयोजित की गई जिस में हैदराबाद के विभिन्न स्कूलों से 150 बच्चों ने बहुत ही उत्साह से भाग लिया।



22 सितम्बर को संस्थान में हिंदी सप्ताह का समापन समारोह आयोजित किया गया। सांस्कृतिक कार्यक्रम के बाद, हाल ही में स्कूल छात्रों के लिए आयोजित वाक् प्रतियोगिता और सप्ताह के दौरान संस्थान में कार्यरत कर्मचारियों और छात्रों के लिए आयोजित विभिन्न प्रतियोगिताओं में विजेताओं को मुख्य अतिथि संस्थान के निदेशक डॉ. हेमलता जी द्वारा पुरस्कार वितरित किए गए। डॉ. हेमलता जी सभा को सम्बोधित किया और उन्होंने इस आयोजन की सराहना की। हिंदी समिति के अध्यक्ष डॉ. सुब्बाराव जी भी हिंदी कार्यक्रमों के आयोजन पर संतोष व्यक्त किया और सप्ताह के दौरान कार्यक्रमों की समीक्षा की। श्रीमती बी.पराशक्ति, वरिष्ठ प्रशासनिक अधिकारी और कई अधिकारी भी उपस्थित हुए।



समापन समारोह - सांस्कृतिक कार्यक्रम की झलक



डॉ. हेमलता जी निदेशक, एन.आई.एन, के साथ पुरस्कार विजेताएं

PAPER PUBLISHED/ ACCEPTED FOR PUBLICATION

- PA Jadhav, A Hole, M. Sivaprasad, K Viswanath, M Sahay, R Sahay, GB Reddy*, CM Krishna*. Raman spectroscopy analysis of plasma of diabetes patients without and with retinopathy, nephropathy, and neuropathy. Spectrochimica Acta Part A: Molecular Biomolecular Spectroscopy. 2024 Jan; 304: 123337. PMID: 37703793
- GB Reddy. Book Review of 'Annual Review of Nutrition', 2021, Vol 41. Curr Sci.2023; 125:331

STAFF NEWS

RETIREMENT

We bid farewell to
Mr. J. NAGESWARA RAO
Laboratory Assistant-1
on the eve of his retirement
on attaining superannuation.

