

रा.पो.सं. मासिक सूचना-पत्र NIN Monthly Newsletter

संपादक: डॉ. एम. महेश्वर

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November 2020

Entrance Test for MSc (Applied Nutrition & Sports Nutrition) programmes conducted following all covid19 norms

- The Entrance Exam was conducted on Sunday, 18th October, 2020 in two sessions at NIN campus. The exam for MSc (Applied Nutrition) was held from 11.00 am to 12.30 pm and for MSc (Sports Nutrition) from 2.30 pm to 4.00 pm. The exam was conducted following COVID 19 guidelines and norms - maintaining adequate physical distance, hand sanitization and wearing face masks. A total of 201 candidates appeared for M.Sc. (Applied Nutrition) and 64 candidates for M.Sc. (Sports Nutrition).



ICMR-NIN staff taking COVID 19 pledge



Vigilance Awareness Week (27th Oct - 3rd Nov. 2020) Pledge taking program in different divisions of the Institute on 27th Oct



WEBINARS ORGANIZED

ICMR-NATIONAL INSTITUTE OF NUTRITION
Invites you to the
WEBINAR # 2 OF THE SERIES on
"SPORTS NUTRITION: BEYOND THE REALM OF BOOKS"
04th November 2020, 11:00AM - 1:00 PM

Expert Speakers
Dr. Manju Saha (DIFAS, DRDO) | Ms. Shiny Surendran

Mandatory (Free) Registration at: <https://forms.gle/gD9Wchng5Vj8VZwZA>
NID: Dr. Bharati Halkarni, Convener; Dr. Priti Rishi Lal, Coordinator; Dr. Jayanth P.B.; Organizers: Ms. Sudhama & Ms. Subrata Dey

World Mental Health Day
Mental Health in the Changing World
09th October, 2020 Time: 4:00 to 5:40 pm
On Zoom Platform

Speakers
Dr. M. Kishore Thomas, Asst. Prof. of Clinical Psychology, Dept. of Diet & Psychology, Institute of Dietetics and Nutrition, IMA, Bangalore, Karnataka.
Ms. Padmaja Sundreddi, MPT Certified Yoga Therapist & Teacher Trainer.
Topic & Time: Promoting Mental Health among Adolescents, 4:05 pm - 4:35 pm.
Topic & Time: Breath Fitness for well-being, 4:40 - 5:40 pm.
Please Note: Participants are requested to wear loose comfortable clothes for the practice sessions. Do not eat anything two hours before the session.

Webinar Registration Google Form Link: <https://forms.gle/7133q45Tm114Eud>
YouTube Live Streaming Link: <https://www.youtube.com/watch?v=...>

By
Division of
Extension & Training
and
MYAS

World Food Day Celebrations
Grow, Nourish, Sustain. Together

Webinar on Food, Nutrition, Safety and Security
16th October, 2020 Time: 11:00 am - 12:45 pm

Speakers
Dr. A. LAXMAIAH, Scientist G & HoD, Public Health Nutrition, ICMR-NIN. What we eat in India and strengthening of food systems.
Dr. S. VASANTHI, Scientist F (Retd.), ICMR-NIN. Food safety: Emerging challenges in a changing environment.
Dr. UMA CHITRA, Consultant, MSc (AN), ICMR-NIN. The Impact of COVID-19 on Food Security and Nutrition.

Webinar Registration Google Form Link: <https://forms.gle/mSF8KUWgoAZWdJ8>

WEBINARS PARTICIPATED

Dr. Hemalatha R, Director

- The Recommended Dietary Allowances (RDAs) - 2020 were made easy to understand in this lecture titled "RDA 2020 - The Way Forward to Tackle Malnutrition in India", as part of a webinar series conducted by the Mumbai Chapter of Nutrition Society of India (NSI) (26th Oct).

Dr. A. Laxmaiah

- Delivered a talk on "What India Eats - Sustainable food systems" during World Food Day at Doordarshan Kendra, Hyderabad (7th Oct).
- Participated in a Webinar on "International E-Conference on Nutrition, Health and Wellness – A Holistic Approach" and delivered a talk on "Burden of NCDs and its dietary management" organized by Aurora's Degree & PG College, Hyderabad (19-20th Oct).
- Participated as Panelist in Anemia Mukht Bharat Webinar: Research – A Key Pillar of Anaemia Mukht Bharat Programme in India to discuss on "Bioavailability of iron in Indian Diets" organized by NCEAR-A, CCM and AIIMS, New Delhi (27th Oct).
- Participated as a panelist in the Webinar on "Community based approaches for child care and nutrition – Experiences & Evidences from the Field" organized by Coalition for Food and Nutrition Security (CFNS) (28th Oct).

Nutrition Society of India, Mumbai Chapter
Welcomes you to the webinar:
RDA-2020: The way forward to tackle malnutrition in India
Organized to Celebrate
World Food Day, 2020
Date: 19th October 2020
Time: 4:00 to 5:00 pm
Speaker: **Dr. Hemalata R.**, Director of National Institute of Nutrition, National President Nutrition Society of India

Dr. Challa Suresh

- Invited for a talk on “Role of Cowpea Isoflavones and Vitamin D as Therapeutic Agents in the Osteoporosis Treatment using Human Osteoblasts as Model: Possible Involvement of OPG-RANKL Pathway” at 4th International Food, Nutrition and Bioprocess Technology virtual Conference (22nd Oct.).

Dr. G. M. SubbaRao

- Invited as a Resource Person to deliver a talk on "Nutrition Challenges, Diet Diversity and Promoting Nutrition Sensitive Agriculture" on 6th October, 2020 in the Virtual Training Programme on "Sustainable Models on Agriculture - Nutrition Linkages for better Nutritional Outcomes" organised by The National Institute of Rural Development (NIRD), Hyderabad (5-9th Oct).
- Invited as speaker in the Panel Discussion on ‘Navigating the Complexity of Science, Public Health, Food and Society – Perspectives in Asia’ in the Webinar on Science Communication: Bridging the Gap between Knowledge and Behavior, Organised by International Life Sciences Institute (ILSI) Southeast Asia, Singapore (23rd Oct).
- Invited as a panelist in an interactive discussion “How to accelerate nutrition education to prevent anaemia and stunting for healthier Asians”, webinar series of the 2nd ISFAN on “Updates on Food, Nutrition and Probiotic Sciences: Implications for better programs and products development” organised by Indonesian Society for Food & Nutrition (ISFAN) and Federation of Asian Nutrition Societies (FANS) (16th Oct).
- Participated in the meeting of the Nodal Communication Officers (NCOs) of Indian Council of Medical Research (12-13th Oct).



Mr. Naveen Kumar R

- Attended BIS-FAD 15 meeting in WebEx to examine the incorporation of Sample-ready dry rehydratable films in microbiology test method standard (1st Oct).
- Attended BIS-FAD 14 Drinking water and Carbonated Beverages 28th virtual meeting through WebEx (12th Oct).

JOURNAL CLUB

Dr. Hemalatha R, Director

- Delivered a talk on Understanding RDAs and EARs - 2020 (29 Oct).

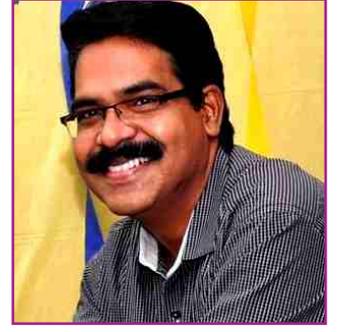


World Food Day 2020

- Special interview and a phone-in programme on #Nutrition #POSHANAbhiyaan was telecast by Doordarshan Yadagiri. Dr. A. Laxmaiah, Scientist G & Head, Public Health Division participated in the programme.

STAFF NEWS

- ICMR-NIN congratulates **Dr. Challa Suresh**, Scientist F, Division of Cell and Molecular Biology on obtaining the highest degree **Doctor of Science (D.Sc.) in Biotechnology**. He is among the select few scientists of ICMR to achieve this. Dept of Biotechnology of Berhampur University has awarded D.Sc. for his concept oriented thesis work on "Lead and its neurotoxic effects on Brain cells".



We congratulate the prize winners of E Poster and Creative Writing contests conducted during National Nutrition Week Celebrations 2020 at ICMR-NIN

E Poster contest winners



Ms. Mamilwar Krishnaveni
M.Sc. (AN) II Year



Ms. B. Santhiya
M.Sc. (SN) II Year



Ms. P. Uma Maheshwari
M.Sc. (SN) I Year

Creative Writing contest winners



Ms. Zehra Fatima
M.Sc. (AN) II Year



Ms. Svasti Upadhyaaya
M.Sc. (SN) I Year



Ms. Nikita Agarwal
M.Sc. (AN) II Year



Dr. Abhinav Kaushik
M.Sc. (SN) II Year

यथा का निवारण के लिए अभ्यावेदन की भाषाएं:

Languages to be used in the representation for redressal of grievance:

अनुच्छेद 350: किसी शिकायत के निवारण के लिए संघ या राज्य के किसी पदाधिकारी को, यथास्थिति, संघ में या राज्य में प्रयोग होने वाली किसी भाषा में अभ्यावेदन देने का, प्रत्येक व्यक्ति को हक होगा।

Article 350: Every person shall be entitled to submit a representation for the redressal of any grievance to any officer or authority of the Union or a State in any of the languages used in the Union or in the State, as the case may be.