



icmr
INDIAN COUNCIL OF
MEDICAL RESEARCH
NIN
NATIONAL INSTITUTE OF
NUTRITION

रा.पो.सं. मासिक सूचना-पत्र

NIN Monthly Newsletter

संपादक: डॉ. एम. महेश्वर नवंबर 2022 Vol. 59 No: 11 Editor: Dr. M. Maheshwar November 2022



**The Director & the staff of NIN
Congratulate and Welcome
Dr. RAJIV BAHL
Director General, ICMR**

On taking charge as the Secretary, Department of Health Research, Govt. of India & Director General, Indian Council of Medical Research



Dr. RAJIV BAHL
Director General, ICMR



SPECIAL EVENT

Dr. Rajiv Bahl, Secretary, Department of Health Research & Director General, Indian Council of Medical Research, visited NIN on 26th October, 2022 and interacted with the Director & Scientists in a review and strategy meeting and later he planted a sapling in our campus.



WEBINARS/ MEETINGS ORGANIZED/ PARTICIPATED

A National Webinar was organized on the occasion of World Food Day on 17th October 2022 on the theme of "Leave No One Behind" in pursuit of ensuring nutrition security for everyone. Inaugural Address was given by Dr. Hemalatha R, Director. Dr. Bhanuprakash Reddy, Scientist G & Head, Biochemistry Division spoke on Nutrient requirements "Why elderly cannot be left behind?", Dr. Antaryami Dash, Deputy Director, Health and Nutrition, Save the children, delivered a talk on "Street children and SafetyNet programmes-current scenarios and challenges" and later Prof. T. V. Sekhar, Head, Department of Population Policies and Programmes, IIPS, Mumbai spoke at length on "Dual burden of nutrition among elderly in India: Evidences from LASI". Vote of thanks was rendered by Dr. SubbaRao M. Gavaravarapu, Scientist F & Head, NICHE Division.

World FOOD Day Celebrations - 2022

**National Webinar on
"Leave No One Behind"**
Date: 17-10-2022 Time: 11am - 1pm

 11:05 am Dr. Hemalatha R Director, ICMR-NIN, Hyderabad INAUGURAL ADDRESS	 11:20 am Dr. Antaryami Dash Deputy Director Health and Nutrition, Save The Children Topic: Street Children and SafetyNet Programmes-Current Scenario & Challenges
 11:50 am Prof. T. V. Sekhar Head, Dept. of Family and Geriatrics International Institute of Population Sciences, Mumbai Topic: Dual Burden of Nutrition Among Elderly in India: Evidences from LASI	 12:20 pm Dr. G. Bhanuprakash Reddy Scientist G & Head, Biochemistry Division ICMR-NIN, Hyderabad Topic: Nutrient Requirements - Why Elderly Cannot Be Left Behind?
12:50 pm Dr. SubbaRao M Gavaravarapu Scientist F & Head, NICHE Division ICMR-NIN, Hyderabad CONCLUSION AND VOTE OF THANKS	

The Academic Council of NIN conducted a workshop on "Research Methodology & Skill Sets" from October 27th-28th, 2022 for Scientist B & C and PhD scholars at NIN. The workshop covered topics such as Manuscript & Grant writing, Essentials of Clinical trials and Hands-on sessions on use of R & SPSS software.



Our staff took Integrity and Rashtriya Ekta Diwas pledge on 31st October on the occasion of Vigilance Awareness Week from 31st October to 6th November.



Dr. HEMALATHA R, Director

- Attended the Meeting to discuss on revision of Schedule-II of National Food Security Act (NFSA), 2013, organized by Department of Food & Public Distribution, New Delhi on 10th October.
- As member of 'Inter-Ministerial Committee to review of blending in edible oils in general and Sunflower oil in particular' attended the meeting, organized by Ministry of Health & Family Welfare, Department of Health & Family Welfare, New Delhi on 12th October.
- As Member attended the Technical Advisory Group meeting to discuss the protocol of the project entitled, "Development of growth references for Healthy Indian children and adolescents from 0-18 years of age", organized by ICMR, New Delhi on 14th October.
- Speaker for a panel discussion titled, "The First 1000 days of Life in India – Evidence and Recommendations", organized by Harvard School of Public Health – India Research Centre, New Delhi on 14th October.
- Meeting with Secretary, DHR to discuss the proposal of ICMR on "Comprehensive Mapping of Nutrition and Health Biomarkers of Population", organized by DHR, New Delhi on 17th October.
- Meeting to finalize the draft report of National Food Security Act (NFSA), after incorporating the amendments, organized by Ministry of AYUSH, New Delhi on 18th October.
- Meeting to finalize the draft report of National Food Security Act (NFSA), after incorporating the amendments, organized by Department of School Education and Literacy, New Delhi on 20th October.
- Chief Guest at the National level seminar on "Nutraceuticals : A Novel Approach to Health" and delivered the inaugural address, organized by Sri Ramachandra Institute of Higher Education and Research, Chennai on 28th October.

Dr. A. LAXMAIAH

- Attended virtual session on 'Assessing progress on the coverage of interventions in the first 1,000 days in India: Role of National Programs', Feedback Session NFHS-5 analysis on assessing progress on POSHAN Abhiyaan interventions organized by IFPRI on 21st September.
- Attended as panellist for the session on Multistakeholder engagement for mainstreaming millets on 23rd September for National Nutri-Cereal Convention 4.0 at HICC Hyderabad organized by ICAR-Indian Institute of Millets Research, Hyderabad.
- Delivered lecture on Climate Change to the State Nodal Officers on 23rd September, organized by the National Centre for Disease Control (NCDC), New Delhi, Ministry of Health & Family Welfare, GOI.
- Attended session on "Role of Probiotics and Prebiotics in Paediatrics" organized by GAPIO in collaboration with Indian Academy of Paediatrics (IAP) on 24th September.
- Attended virtually the Transforming Agri-Food Systems in South Asia (TAFSSA) retreat-style workshop sessions during 26-29th September organized by IFPRI on our Work Package 4 (Wp4): Tackling the behavioral and structural determinants of sustainable healthy diets at Nepal (IFPRI).
- Attended an Ethical Committee Meeting as a Committee member at Dr. BRKR Ayurveda College, Hyderabad, during 27-28th September.
- Delivered a lecture on Nutritional Requirements and Dietary Patterns in India during PRS Legislative Research health Workshop on Overview of the Health sector in India for Legislative Assistants to the Member of Parliament (LAMP) Fellows on 30th September.
- Attended seminar on "Women Scientists Conclave : Self Reliance, organized by the National Academy of Sciences, India (Hyderabad Chapter) jointly with the Academy for Science, Technology, and Communication (ASTC) on 10th October.
- Delivered a talk on "Climate change-associated nutrition problems" during the Third Dr. C. Gopalan Memorial Webinar on "Action plan to mitigate health and nutrition challenges associated with climate change" organized by NFI on 11th October.

Dr. SUDIP GHOSH

- Attended 15th meeting of Biotechnology for Food and Agricultural Sectional Committee (FAD23) of Bureau of Indian Standards, Manak Bhavan, New Delhi on 27th October.
- Delivered a talk on "Micro RNAs: Role in Gene Regulation and Target Prediction" in an Online Refresher Course in Nanobiochemistry and Bioinformatics organized by the UGC-HRDC (Academic Staff College), Osmania University on 19th October.

Dr. SUBBARAO M. GAVARAVARAPU

- Organised a meeting of the collaborators under NutriAIDE project with the visiting team from Wuppertal Institute for Climate, Environment and Energy, Germany on 13th October.
- Attended online meeting of the core team for preparing an evidence review on behaviour change interventions (BCIs) for discouraging unhealthy food consumption under Transforming Agrifood Systems in South Asia (TAFSSA) organised by IFPRI on 18th October.
- Invited as a resource person to deliver a talk on "Communication as an effective tool for teaching Nutrition" in 'Faculty Focus 2.0' a 5-day Faculty Development Programme funded by Telangana State Council of Higher Education (TSCHE) organised by Department of Nutrition, St. Ann's College for Women, Hyderabad on 18th October.
- Invited to deliver the keynote address on "Advocating for Food and Nutrition Security - Leave No one Behind" in the World Food Day Webinar organised jointly by the Department of Food Service Management & Dietetics, Avinashilingam University and Nutrition Society of India (NSI), Coimbatore Chapter on 17th October.
- Organised the World Food Day Webinar on behalf of the Institute on this year's theme "Leave no one behind" on 17th October.
- Participated in the One-Day Conference on "Understanding and Addressing Food and Nutrition Security Issues among Vulnerable Groups: An Interdisciplinary Approach in AP and Telangana" and delivered a talk on "Diet diversity and nutrition security - Advocating for a distant dream" in the Technical Session on Food and Nutrition Security: Role of State organised by the Department of Economics, University of Hyderabad on 14th October.

Dr. M. MAHESHWAR

- Participated as Guest of Honour in National Nutrition Month Celebrations at Telangana State Social Welfare Residential Degree College for Women, Ghatkesar, Rangareddy district on 21st October.

- Attended 5-day training program on "Emotional intelligence at work place" sponsored by Dept. of Science & Technology, conducted by Centre for Organization Development, Hyderabad from 31st Oct to 4th Nov.

Dr. SAPAVAT SHANKAR

- Attended the Induction training programme on "Research Methodology, Biostatistical technique, Health data management and Analysis" using statistical software at ICMR-National institute of medical statistics, New Delhi from 10th - 14th October.

Dr. R. NAVEEN KUMAR

- Delivered a guest lecture on "Food Safety Laws and Regulations" at the Institute of Hotel Management (IHM), Begumpet, Hyderabad on 13th October.

JOURNAL CLUB



Prof. Asim K. Duttaroy, Faculty of Medicine, University of Oslo, Norway delivered a guest lecture on "Maternal Nutrition and Fetal Development" on 18th October.



Dr. C. Monica, Scientist B (Medical), Clinical Division delivered a talk on "Folic acid improves verbal communications in children with autism and language impairment: a randomized double-blind placebo controlled trial" on 7th October.

Young Mind Idea (YMI) Talk

Ms. Pranathi, MSc Sports Nutrition, spoke on "How to create a common platform for students to share their creative ideas in order to give nutrition and health education for people through their blog writing in different languages" on 7th October.



Congratulations

Dr. Challa Suresh, Scientist F & Head, Cell Biology Division, received Abdul Kalam Excellency Award 2022 for his contribution in the field of science organised by Megacity Navakala Vedika, Hyderabad on 18th Oct.



Our MSc Students of Applied Nutrition & Sports Nutrition have qualified UGC NET 2022.



Ms. Meghana Kumari
(Applied Nutrition)
UGC NET - JRF 2022



Ms. Nikitha
(Applied Nutrition)
UGC-NET 2022



Ms. Akanshka
(Applied Nutrition)
UGC-NET 2022



Ms. Jeslin
(Sports Nutrition)
UGC-NET 2022

STAFF NEWS

RETIREMENT

We bid farewell to the following staff on the eve of their retirement on attaining superannuation.



Dr. P. Amruth Rao
Scientist E



Mr. Ch. Ranga Rao
Technical Officer B