



**icmr**  
INDIAN COUNCIL OF  
MEDICAL RESEARCH  
**NIN**  
NATIONAL INSTITUTE  
OF NUTRITION

# रा.पो.सं. मासिक सूचना-पत्र

## NIN Monthly Newsletter

संपादक: डॉ. एम. महेश्वर

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### Independence Day Celebration

Dr. Hemalatha R, Director, ICMR-NIN hoisted the National Flag on 77<sup>th</sup> Independence Day. Dr. Bhanuprakash Reddy, Scientist G & HoD, Biochemistry Division, Dr. J. J. Babu, Scientist G & HoD, Clinical Epidemiology Division, scientists, technical staff and PhD students also participated in the event.



Director addressing the staff



Director presented certificates to the students on their completion of PhD



NIN staff Mr. Mohd. Ilyas, Mr. Sriramulu Naidu, Ms. G. Neeraja, Mr. R. Punna Reddy, Mr. E. Krishna and Mr. K. Harinarayana, received awards as 'Best Performer' from the Director



Ms. Anu Nagar, IAS, Joint Secretary, Department of Health Research visited NIN and her interaction with scientists and staff (21<sup>st</sup> August). She visited the labs including Biochemistry, Food Chemistry, Extension & Training and class rooms & labs at Academic Block. Sri. Laxminarayana, DDG, ICMR also present on the occasion.



## N-CET-2023

N-CET-2023: All India Online Entrance Test for admission into M.Sc (Applied Nutrition) & MSc (Sports Nutrition) at our Institute was conducted successfully on 5<sup>th</sup> August in multi-centres in Hyderabad, New Delhi & Kolkata. Over 300 candidates took the test. Prof. I. Panduranga Reddy, Director (Admissions), OU, visited the control room of the N-CET-23 exam at the Academic Block of NIN. Dr. M. Maheshwar, HOD, ET Division overseen the arrangements for smooth conduct of the exam.



## WEBINARS/ WORKSHOP/ TRAINING PROGRAM/MEETINGS ORGANIZED/ PARTICIPATED

Dr. Shobi Veleri, Scientist- E, Drug Safety Division along with Mr. Vankudavath Rajunaik, Scientist-C coordinated on campus Bioinformatics training program of "Biovia Discovery Studio Academic Research Suite of Dassault Systemes" was conducted on 17th to 18th August. The technical experts Dr. Dhivya Shanmugarajan, BIOVIA Sr. Application Technical Scientist and Dr. Sakshi Bhardwaj, BIOVIA, Application Technical Scientist handled the onsite live demonstration and covered various modules of the software. The scientists, technical officers, PhD scholars (a total of 40 participants) attended the two day program.



## Dr. HEMALATHA R, Director

- Meeting regarding pre-testing of questionnaires with DABS coordinators (2<sup>nd</sup> August).
- Meeting to discuss progress and future plan for DABS study with DG, ICMR with all the NMRU Coordinating scientists (3<sup>rd</sup> August).
- Brainstorming meeting on 'Interventions to reduce childhood undernutrition', organized by ICMR, New Delhi (4<sup>th</sup> August).
- Meeting of Senior Management Team (SMT) with ICMR officials and all Directors of ICMR Institutes, organized by office of DG, ICMR (9<sup>th</sup> August).
- Meeting regarding sampling frame of DABS-I study (11<sup>th</sup> August).
- Visit of Ms. Anu Nagar, Joint Secretary, DHR, Ministry of Health & Family Welfare, to discuss the various research projects including DABS study and also interacted with scientists and other staff of the Institute (18<sup>th</sup> August).
- Meeting with DABS-I survey coordinators (18<sup>th</sup> August).
- Meeting with DG to discuss NIN proposal on 'Rice Fortification', organized by ICMR (21<sup>st</sup> August)
- Meeting of Senior Management Team (SMT) with ICMR officials and all Directors of ICMR Institutes, organized by office of DG, ICMR (23<sup>rd</sup> August).
- Meeting with DG to discuss NIN proposal on 'Rice Fortification' (virtual), organized by ICMR (25<sup>th</sup> August).
- Meeting on Rice Fortification at NITI Aayog, New Delhi (29<sup>th</sup> August).

**Director's meeting with the scientists and technical staff of various departments of NIN and discussed about the divisions activities and progress of the ongoing projects.**



Division of Maternal and Child Health Nutrition (1<sup>st</sup> August)



Biochemistry and Endocrinology Divisions (2<sup>nd</sup> August)



NIN Animal facility (2<sup>nd</sup> August)



Clinical Epidemiology Division (8<sup>th</sup> August)



Cell Biology and Lipid Chemistry Divisions (9<sup>th</sup> August)



Extension & Training and NICHE Divisions (10<sup>th</sup> August)



Pathology and Molecular Biology Divisions (14<sup>th</sup> August)



Meeting with HoDs (16<sup>th</sup> August)

### Dr. G. BHANUPRAKASH REDDY

- Delivered a lecture to the participants of the Refresher Course in Molecular Medicine at the UGC-Human Resource Development of Centre (Academic Staff College), Osmania University, Hyderabad on “Protein glycation mediated fibrosis: A scope for the development of therapeutics” (22<sup>nd</sup> August).

### Dr. SSSYH QADRI

- Gave a guest lecture on ‘Animal models in research and animal handling procedures’ to the students and faculty of Central Facilities for Research and Development, Osmania University internship program, and the PG Students of Gitam Institute of Pharmacy (31<sup>st</sup> August).

### DR. SUBBARAO M GAVARAVARAPU

- Attended meeting of the Experts with Industry representatives under the chairmanship of CEO, FSSAI to discuss on 'Tolerance Limit for value of nutrients declared on the label' held virtually on 7<sup>th</sup> August.
- Invited to Chair and Moderate the Panel Discussion on 'Taking India Towards Nutrition Security and Healthy Diet: Gaps and Way Forward' at the Seminar and Release of the WHO Report titled “The Growth of Ultra-processed Foods in India: An Analysis of Trends, Issues and Policy Recommendations” organized by Indian Council for Research on International Economic Relations (ICRIER) and WHO-India in New Delhi. Attended virtually on 22<sup>nd</sup> August.
- Advisory Board Meeting of the Akshaya Patra Foundation held virtually on 22<sup>nd</sup> August.
- Attended an online meeting with Food Future Foundation on School Handbook on Food and Nutrition Literacy on 24<sup>th</sup> August.
- Chaired the 46<sup>th</sup> meeting of the Scientific Panel on Labelling and Claims/ Advertisements (SP-08) on 31<sup>st</sup> August held in Hybrid Mode.

### Dr. K. RAJENDER RAO

- Invited to deliver a talk on “Diet gene interaction role on metabolic disease” at Refresher Course in Molecular Medicine being organized by the UGC–HRDC, Osmania University, Hyderabad (22<sup>nd</sup> August).

### Dr. M. SATYAVANI

- Delivered a guest lecture on ‘Animal models in research and animal handling procedures’ to students and faculty of Central Facilities for Research and Development, Osmania University internship programs (30<sup>th</sup> August).

### Dr. SWATHI CHITRA P, Teaching Associate, ET Division

- Interacted with the Railway Protection Special Force-Battalion in an awareness program on ‘General Nutrition and a Healthy Lifestyle’ at RPSF Headquarters, Moulaali, Hyderabad (29<sup>th</sup> August).



## INTERNATIONAL YEAR OF MILLETS

To mark celebration of International Year of Millets-2023, 1<sup>st</sup> year students of M.Sc. Applied Nutrition had written the lyrics and enacted a song on millets to create awareness on reaping the benefits of millets to the high school students of St. Marks Grammar High School, A.S. Rao Nagar, Hyderabad, in association with Praveenyam Lead Foundation (NGO) on 11<sup>th</sup> August. Dr. Swathi Chitra P, Teaching Associate, ET Division, coordinated the event.



## WORLD BREASTFEEDING WEEK CELEBRATIONS

Extension & Training Division organized outreach programmes during Breastfeeding week. Dr. Swathi Chitra P, Teaching Associate, ET Division and 1<sup>st</sup> Year Students of M.Sc. Sports Nutrition conducted an awareness program on the “Benefits of Breastfeeding to Lactating Mothers and Infants” on 7<sup>th</sup> August, to the reproductive age group women at South Central Railway Health Care Unit, Kachiguda. Students also demonstrated different recommended exercises for the three trimesters of pregnancy and postpartum, which will help them to stay fit physically and psychologically and aid in normal delivery. Students conducted a game for the participants about Myths and Facts about Breastfeeding.



ICMR-NIN and Bal Raksha Bharat conducted a half day national consultation on "Breastfeeding: Bridging the evidence gap" on 7th August during the world breastfeeding week celebrations at ICMR-NIN.



## TRAINING PROGRAMME

Laboratory Animal Technician Training Course (LATTC) conducted on 'Lab Animal Sciences, Care, Breeding & Management, Experimentation and Animal Welfare' at ICMR-NIN Animal Facility from 3<sup>rd</sup> July to 3<sup>rd</sup> August.



# CONGRATULATIONS



**Dr. G. Bhanuprakash Reddy**, Scientist-G, HoD, Biochemistry Division has been elected as the Vice-President of Telangana Academy of Sciences for the period 2023-25.



**Dr. SubbaRao M Gavaravarapu**, Scientist-F & Head, NICHE Division has received the Silver Author Recognition Award from Journal of Nutrition Education and Behavior (JNEB).

## GUEST LECTURE

**Dr. Mahaveer Swaroop Bhojani**, CEO, Hut-K Inc. and Novel Foods Inc., delivered a guest lecture on 'Fuels and additives for the human machines' for the MSc students on 4<sup>th</sup> August.



## JOURNAL CLUB

**Dr. Samarasimha Reddy N**, Scientist E (Medical), Clinical Epidemiology Division delivered a lecture on "Self controlled case series methods: An alternative to standard epidemiological study designs" (11<sup>th</sup> August).



**Dr. Teena Dasi**, Scientist C, Department of Maternal and Child Health Nutrition, spoke on 'Stunting and undernutrition among children' on a live interactive programme on Doordarshan Yadagiri-Telangana (24<sup>th</sup> August).

The week long sports events (21-29<sup>th</sup> Aug.) culminated on 29<sup>th</sup> August, on the occasion of National Sports Day with prize distribution to the winners. Dr. P. Uday Kumar, Scientist G & HoD, Pathology Division & Dr. M. Maheshwar, Scientist F & HoD, ET Division gave prize to the winners.



## STAFF NEWS

### RETIREMENT

We bid farewell to **Mr. M. Seenu**, Lab Assistant-1 on the eve of his retirement on attaining superannuation.