



icmr
INDIAN COUNCIL OF
MEDICAL RESEARCH
NIN
NATIONAL INSTITUTE OF
NUTRITION

रा.पो.सं. मासिक सूचना-पत्र

NIN Monthly Newsletter

संपादक: डॉ. एम. महेश्वर

जुलाई 2025

Vol. 62 No: 7

Editor: Dr. M. Maheshwar

July 2025

SOP BLUE BOOK RELEASED AND HANDS-ON TRAINING INAUGURATED AT ICMR-NIN

Dr. Bharati Kulkarni, Director, ICMR-NIN, inaugurated the "Hands-on Training in Basic Techniques" programme and officially released the SOP Blue Book on 16th June.

The week-long training programme, held from 16th to 20th June, was specifically designed for newly recruited technical staff to familiarize them with standard laboratory practices.

The training was coordinated by Dr. K. Rajender Rao, Scientist- F and HoD, Animal Facility with coordinator-in-charge Dr. Shobhi Veleri, Scientist-F, Drug Safety Division.



HANDS-ON TRAINING IN ANIMAL SCIENCES CONDUCTED FOR PG STUDENTS

An ad-hoc hands-on training programme on "Animal Sciences, Care, Handling, and Experimental Lab Animal Welfare Guidelines" was conducted at ICMR-NIN Animal Facility from 24th to 26th June. The training was organized for PG students from Dr. BRKR Govt. Ayurvedic College, Hyderabad.

The programme aimed to provide foundational knowledge and practical exposure to ethical handling and care of laboratory animals, in line with institutional and national guidelines. Dr. Bharati Kulkarni, Director, ICMR-NIN & Dr. K. Rajender Rao, Scientist-F & HoD, Animal Facility, presented certificates to the participants and congratulated them on successfully completing the training.



ICMR-National Institute of Nutrition Animal Facility
Dr. P. G. Tulpule Block

50 YEARS OF THE STATE LANGUAGE DEPARTMENT CELEBRATIONS AT ICMR-NIN

A two-day programme was organized at ICMR-NIN to commemorate the 50th anniversary of the establishment of the State Language Department (Ministry of Home Affairs). The event featured a range of activities including a speech competition, a hindi essay writing competition, a hindi typing workshop, and vibrant cultural programmes. The occasion was graced by Dr. Bharati Kulkarni, Director; Smt. Parassacty, SAO; Dr. Bhanuprakash Reddy, Scientist-G & HoD, Biochemistry Division; and Dr. SubbaRao, Scientist-F & HoD, NICHE Division, and Hindi Committee Coordinator. All dignitaries shared their insights on the significance of promoting Hindi as a link language in scientific and administrative domains.

Awards were distributed by the Director to staff members and students who won in various competitions. The programme concluded on a patriotic note with the National Anthem.



ICMR-NIN SCIENTISTS VISIT TO ICMR-NARFBR ANIMAL FACILITY

A team of scientists from ICMR-NIN visited the ICMR-NARFBR Animal Facility at Turakapally on 4th June as part of an institutional collaboration and knowledge exchange initiative. The delegation was welcomed by Dr. Mukesh Kumar Gupta, Director, ICMR-NARFBR.

The visit included discussions and interactions between experts from both the institutes, including Dr. K. Rajender Rao, Scientist-F & Head, NIN Animal Facility, and Dr. Raghu P, Scientist-F & Head, Drug Safety Division, ICMR-NIN.



AWARENESS PROGRAMME ON NUTRITION



An awareness session on nutrition was organized by the NICHE Division, ICMR-NIN, in the Nagaram Municipality area of Telangana on 13th June. The session aimed to educate the community on essential nutrition practices for better health and well-being.

The event witnessed enthusiastic participation from over 250 women from Self-Help Groups (SHGs), along with the Municipal Commissioner, Medical Officer and representatives from local NGOs.

LIVE PHONE-IN PROGRAMMES

In a live phone-in programme on DD Yadagiri - Telangana, Dr. Sairam Challa, Scientist E & Head, Maternal & Child Health Division participated & responded to viewers' queries on Childhood Obesity (10th June).



In a live phone-in programme on DD Yadagiri - Telangana, Dr. Sylvia F Rao, Scientist E, Extension & Training Division participated & responded to viewers' queries on "Infant and Young Child Feeding Practices and Nutrition of Children" (20th June).

RECOGNITIONS/PARTICIPATION IN MEETINGS/PROGRAMMES

Dr. BHARATI KULKARNI, DIRECTOR

- Attended ICMR Senior Management Team (SMT) Meeting chaired by DG-ICMR & Secretary- DHR (11th June).
- Attended a meeting to discuss the matter relating to Supplementary Nutrition Programme under the Mission Saksham Anganwadi and Poshan 2.0 organized by Ministry of Women and Child Development, New Delhi (12th June).
- Attended a meeting with Dr. Ofirin Rodrico, WHO representative for India, WCO, New Delhi regarding "Possible Research collaboration between ICMR and -WHO" (12th June).

Dr. SUBBARAO M GAVARAVARAPU

- Hearty Congratulations to Dr SubbaRao M Gavaravarapu, Scientist F & Head, NICHE Division on being Elected as Fellow of International Union of Nutrition Sciences (IUNS).



PAPER PUBLISHED/ACCEPTED FOR PUBLICATION

- I.I. Meshram, P.V. Sunu, K. Sreeramakrishna, Neeraja G, Stephen GL, D. Narasimhulu, et al. Cardiometabolic Risk factors among adults in rural, urban, and urban slum population in eight states of India. Indian Heart Journal, 2025, ISSN 0019-4832, <https://doi.org/10.1016/j.ihj.2025.05.014>.

A few English words and their Hindi equivalents

Breach of agreement	करार भंग	Breach of confidence	विश्वास भंग
Breach of contract	संविदा भंग	Breach of discipline	अनुशासन भंग
Breach of law	विधि भंग	Breach of peace	शांति भंग
Breach of privilege	विशेषाधिकार भंग	Breach of promise	वचन भंग
Breach of Rule	नियम भंग	Breach of trust	विश्वास भंग

- सफाई अपनाएं - बीमारी हटाएं
- सभी रोगों की एक दवाई - घर घर में रखो सफाई
- Clean India Beautiful India
- Cleanliness should not be foreseen for it brings hygiene