

रा.पो.सं. मासिक सूचना-पत्र

NIN Monthly Newsletter

संपादक: डॉ. एम. महेश्वर

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ICMR-NIN conducted **FREEDOM RUN 2.0** as part of *Azadi Ka Amrit Mahotsav* to commemorate Platinum Jubilee of Independent India on 24th Sept. Director Dr. Hemalatha R. flagged-off the run. All the Scientists, Technical & Administrative staff, PhD scholars, PG Students & Project staff participated in this “Fit India Run”.



NIN COMMON ENTRANCE TEST (N-CET) CONDUCTED AT HYDERABAD, NEW DELHI & KOLKATA

- ICMR-NIN for the first time conducted multi-centre all-India 'NIN Common Entrance Test' (N-CET) successfully for admission into the two-year Master's programs MSc (Applied Nutrition) and MSc (Sports Nutrition) for 2021-23 session. In addition to Hyderabad centre, this online Entrance test was conducted simultaneously in New Delhi and Kolkata in association with TCS-AP T online services. During the entrance test, Prof. PanduRanga Rao, Director (Admissions), Directorate of Admissions, Osmania University visited the control room of the entrance test established in Extension & Training Division at SEM building. Dr. M. Maheshwar, HoD, ET Division & Head (Admn.), MYAS-NIN along with Dr. C. Suresh, HoD, Cell Biology & Member (Academic), ICMR-NIN supervised the entrance test.



WEBINARS/ MEETINGS ORGANIZED/ PARTICIPATED

National Nutrition Month Celebrations (1st - 30th Sept)

Theme: Converging towards a healthy walk through life

- Extension & Training Division organized two National webinars on "Nutrition, Immunity and COVID-19" (1st Sept) & "Nutrient requirements - Implications of timing and policy" (21st Sept).
- Excerpts of talks on 'Policy Implications of Nutrient Requirements' by Dr. Hemalatha R, Director & 'Micronutrient deficiencies in children and adults' by Dr G Bhanuprakash Reddy, Scientist G & Head, Biochemistry Division as part of ICMR-NIN and National Academy of Sciences, India (NASI) joint webinar on 'Food-based Remedies to Nutritional Maladies' - Commemorating the Rashtriya #POSHAN Maah 2021 (23rd Sept).



- Two National webinars on "Food Fortification + Precision Nutrition in Adolescents and Women" & "COVID-19 Perspectives" organized by ICMR-National Institute of Nutrition with the support of National Commission for Women (NCW) on the occasion of National Nutrition Month Celebrations (28th & 29th Sept).
- Child Development Project and IAPEN, Lucknow Chapter (Kanpur Region) in coordination with Extension & Training Division, ICMR-NIN conducted nutrition awareness program in Lucknow on the occasion of National Nutrition Month-2021 (15th-26th Sept).



NIN Foundation Day Celebrations (27th Sept)

- NIN Foundation Day lecture delivered by eminent scientist Prof. Anura Kurpad, Founding Dean, St. John's Research Institute, Bengaluru highlighted the challenges & dilemmas of food fortification as a strategy to tackle micronutrient deficiencies in India. Prof. Balram Bhargava, DG, ICMR & Secretary, Department of Health Research, GoI delivered the inaugural address. Dr. Hemalatha R, Director, NIN delivered the welcome address.





- 9th e-dialogue in the monthly technical webinar series “Maternal Nutrition technical E-dialogues” jointly organized by ICMR-NIN and Federation of Obstetric and Gynecologic Society of India (FOGSI), in association with UNICEF India on “Strengthening maternal nutrition assessment and services in antenatal care in India” on the topic “Digital innovations for maternal health and nutrition” (24th Sept).

- Desktop Yoga' - Virtual Yoga Sessions with simple techniques to practice even at work or while attending virtual classes at home – were conducted for NIN employees and Students of Social welfare hostels (7-9thSept).

Dr. Hemalatha R, Director

- Meeting with Dr. Purnima Menon, IFPRI (1st Oct).
- Participated in the special campaign 'Banega Swasth India' on the theme 'India's Health, Nutrition and Hygiene Story Post covid-19', organized by ND TV (3rd Oct).
- Meeting with CEO, Star Proteins to discuss the joint research project on Meat and immunity in Indian population (4th Oct).
- Meeting of DG, ICMR with all the Directors to discuss the Budget Head – GIA Capital Assets, organized by ICMR, New Delhi (5th Oct).
- Attended the First Meeting of 'Policy Implementation' Working Group under SSC-NTBN, organized by DBT (7-Oct)
- Meeting with officials of RTI International India, New Delhi to discuss about research project (8-Oct).
- Attended as Guest of Honour and delivered the keynote address at the World Food Day 2021 celebrations of Association of Food Scientists & Technologists (16-Oct).
- Chaired the Meeting 'Task Force on Nutrition and Health Benefits of Millets' for International Year of Millets – 2023' organized by Ministry and Dept. of Agriculture and Farmers Welfare, New Delhi (18-Oct).
- Attended the meeting 'South Asian Policy leadership for Improved Nutrition & Growth (SAPLING) workshop on Landscaping and Programmatic Assessment, organized by IPE Global Limited and BMGF (21-Oct).
- Attended the address of Secretary, DHR & DG, ICMR with all the Directors of ICMR Institutes as part of the Swachhta Abhiyan meeting (Special Drive) (21-Oct).

Dr. A. Laxmaiah

- Delivered lecture as Chief Guest in the National Webinar on "Role of Nutrition in Management of Lifestyle disorders" organized by Dept. of Nutrition, Midnapore College (Autonomous), Midnapore, West Bengal (30 Sept).

Dr. Bharati Kulkarni

- Participated as a panelist in Total health program on Nutrition & health for women & children in Hindi on Doordarshan News (7th Sept).

Dr. N. Arlappa

- Participated in a phone-in programme on maternal and child nutrition organized by the CVR Health - television Channel (9th Sept).

Dr. M. Maheshwar

- Delivered invited lecture in the National Webinar on "Role of Nutrition in Management of Lifestyle disorders" organized by Dept. of Nutrition, Midnapore College (Autonomous), Midnapore, West Bengal (30 Sept).



Dr. SubbaRao M Gavaravarapu



- Invited to a live discussion & phone-in programme in Telugu on Doordarshan Yadadri channel on the occasion of POSHAN Maah (4th Sept).
- Interviewed on All India Radio Hyderabad as part of POSHAN Maah Celebrations (7th Sept).
- Invited by Food Industry Capacity & Skill Initiative (FICSI) - Food Processing Sector Skill Council to deliver a talk on “Food labelling regulation in India” in a webinar organised as part of the knowledge-based webinar series organized to commemorate

75 years of Indian Independence - Azaadi ka Amrut Mahotsav (10th Sept).

- Invited to co-chair the work plan on “Tackling multiple behavioural determinants of sustainable healthy diets” as part of the Transforming Agri-food systems in south Asia (TAFSSA) -Indian Consultation organised virtually by CGIAR and International Food Policy Research Centre (13th Sept).
- Invited as a key-note speaker to deliver a talk on ‘Balancing the diet to balance nutrition’ in Telugu in a webinar on POSHAN Maah organised by the Press Information Bureau (PIB) Telangana (15th Sept).

- Participated virtually in the Annual Meeting of the Nodal Communication Officers of ICMR institutes held in hybrid model at National Institute for Research in Environmental health (ICMR-NIREH), Bhopal (16th & 17th Sept).
- Attended virtually in the meeting of the Indian Delegation members in preparation for the 46th Meeting Codex Committee on Food Labelling (17th Sept).
- Invited to speak on Communication and Convergence for Promotion of Maternal and Child Nutrition in the webinar organised by the Department of Food Science & Nutrition, Assam Agricultural University, Jorhat sponsored by the National Commission for Women, Government of India (21st Sept).
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- Invited to deliver a talk on ‘Communicating Nutrition to adolescents - Purpose and process precede precision’ in the webinar on ‘Precision Nutrition for Potential Adolescence - Challenges in context of COVID-19 and beyond’ organised by the Dept. of Food, Nut. & Dietetics, Andhra Univ., Visakhapatnam with the support from National Commission for Women (24th Sept).
- Attended (virtually) in the 46th Session of the Codex Committee on Food Labelling as a member of the Indian delegation (28th Sept).
- Invited to deliver a talk (virtually) on ‘Nutrition- Current Challenges - Communication points- Policy Initiatives’ by the Academy of Family Physicians (AFP), Telangana Chapter (29th Sept).
- Nominated by the Director, NIN to deliver the keynote address on “Public health Nutrition- Scope of regional and local diets” in the Training-cum-Orientation Programme for Community Health Officers (AYUSH) organised as part of Poshan Maah and Azadi ka Amrit Mahotsav by Rashtriya Ayurveda Vidyapeeth, Ministry of AYUSH, New Delhi (30th Sept).

Dr. M. Satya Vani

- Invited to deliver a guest lecture on “Animal care, handling and maintenance” to the students of St. Joseph PG College, Tiruchirappalli, Tamil Nadu.

Dr. Uma Chitra

- Presented a paper in the webinar on “Nutrition during Adolescence” at the 2-day National e-seminar on "Holistic Nutrition for Healthy Nation" jointly organized by Bhavan's Vivekananda College, Secunderabad and University College for Women, Hyderabad (24th Sept).
- Invited to deliver a lecture on “Nutrition” for Police officers at the 42nd Induction Training Course at the Sardar Vallabhbhai Patel National Police Academy, Hyderabad (23rd Sept).

HINDI WEEK CELEBRATIONS

- The Hindi week celebrations were held at ICMR-NIN from 14-20 Sept. Dr. Hemalatha R, Director NIN was the Chief Guest at the Inaugural function held on 14th Sept. During the Hindi week several competitions and cultural programs were organized by the Hindi Implementation committee headed by Dr. SN Sinha, HoD, Food Safety Division and convener. Several staff members and students participated in the various competitions and cultural programs held on this occasion.



JOURNAL CLUB



Mr. Vilasagaram Srinivas, Molecular Biology Division, presented the final thesis titled "Roles of fatty acids and glucose in metabolic and angiogenic functions of placenta: Implications for foetal growth and development" (24th Sept).

STAFF NEWS

Retirement

We bid farewell to **Mrs. K. Sharada** Technical Officer C on the eve of her retirement on attaining superannuation.

